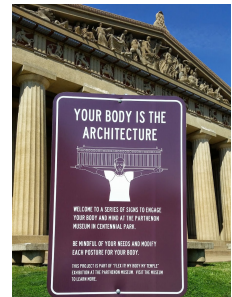
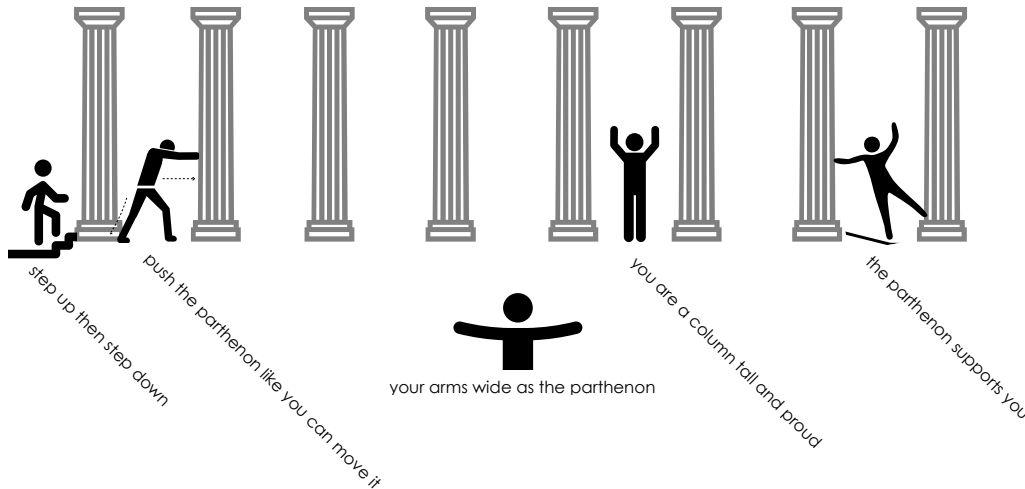


PARTHENON WORKOUT HUNT -

inspired by art created for 2014 Parthenon exhibit, *FlexIt! My Body My Temple*
*Parthenon workout download available in Kidsville online resources



There are chances to FLEX your muscles all around you...this hunt started at The Parthenon in Centennial Park, but it can happen anywhere.

How many places can you find to move your muscles like this?

EXERCISE TO DO:

Step up then step down

- stairway, porch, sidewalk curb, a ramp

Push the _____ like you can move it.

- Parthenon, house, ground, floor, wall, etc

Stretch your arms wide as the _____

- doorway, apartment building, car, driveway, house

You are a _____ tall and proud (stand)

- column, tree, door, parent

The _____ supports YOU. (lean)

- Parthenon, house, friend, family, tree, fence

	On a Walk	Inside at Home	Outside at Home
Step up then step down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Push the _____ like you can move it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stretch your arms wide as the _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
You are a _____ tall and proud (stand)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The _____ supports YOU. (lean)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>