

KIDSVILLE



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LEARN

In the 5th century BC, the people of Athens, Greece built The Parthenon...and also enjoyed their first version of something like "ice cream".

The ancient Greeks ate snow mixed with honey and fruit in the markets of Athens. A family could get their groceries and then treat themselves to a yummy snack much like we might today.

During the same century in Greece, the father of modern medicine, Hippocrates encouraged his patients to eat ice "as it livens the life-juices and increases the well-being."



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EXPLORE

EXPLORE ice cream by making your own. Here is an easy recipe for making ice cream at home.

Go get:

- 1 pint size jar with lid (a plastic container works too, especially for younger chefs)
- 2 Tablespoons of sugar
- 1 cup of heavy whipping cream
- 1 teaspoon of vanilla
- wet paper towel

Make the Ice Cream:

1. pour all of the ingredients into the jar and screw the lid on tightly



2. take turns shaking the jar vigorously but hold on tight for at least 6 minutes until the mixture thickens
3. wrap the jar with a wet paper towel and freeze for 2-4 hours
4. scoop out with a spoon and serve when ready

CREATE

Make a **scoop tower**



with **5** scoops of ice cream

WHAT YOU NEED:

- Ice cream coloring page (attached)
- Markers, Pencils or Crayons
- Scissors
- Glue or tape
- Ribbon or paper to attach scoops to

HOW TO:

- Color the scoops and cone to create an ultimate ice cream scoop tower of yumminess!
- Cut out the ice cream cone and other scoops.
- glue or tape the cone and scoops to a long piece of ribbon (paper or cardboard from the recycle bin could work too)
- hang the tower in a special place...and remember that coming to **5** Kidsville events helps Kidsville and gets you a **\$5** Jeni's Ice Cream Card

Use this ice cream scoop template to cut out flavors and make an ice cream tower of as many flavors as you want.

